



JUNE 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Self - Reliance Peer Group 6 - 8 pm *Shared Support 12 - 4 pm	2 Freestyle Friday 2 - 4 pm *Shared Support 12 - 4 pm	3
4	5 Online Group 7 - 9 pm *Shared Support 12 - 4 pm	6 Empathy Peer Group 6 - 8 pm *Shared Support 12 - 4 pm	7 *Shared Support 12 - 4 pm	8 Empathy Peer Group 6 - 8 pm *Shared Support 12 - 4 pm	9 Freestyle Friday 2 - 4 pm *Shared Support 12 - 4 pm	10
11	12 Online Group 7 - 9 pm *Shared Support 12 - 4 pm	13 Motivation Peer Group 6 - 8 pm *Shared Support 12 - 4 pm	14 *Shared Support 12 - 4 pm	15 Motivation Peer Group 6 - 8 pm *Shared Support 12 - 4 pm	16 Freestyle Friday 2 - 4 pm *Shared Support 12 - 4 pm	17
18	19 Online Group 7 - 9 pm *Shared Support 12 - 4 pm	20 Confidence Peer Group 6 - 8 pm *Shared Support 12 - 4 pm	21 *Shared Support CLOSED	22 Confidence Peer Group 6 - 8 pm *Shared Support 12 - 4 pm Shared Space 6-8:30 pm Gower Street United Church	23 Freestyle Friday 2 - 4 pm *Shared Support 12 - 4 pm	24
25	26 Online Group 7 - 9 pm *Shared Support CLOSED	27 Family Peer Group 6 - 8 pm *Shared Support 12 - 4 pm	28 *Shared Support 12 - 4 pm	29 Family Peer Group 6 - 8 pm *Shared Support 12 - 4 pm	30 Freestyle Friday 2 - 4 pm *Shared Support 12 - 4 pm	

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If you have and questions feel free to call the office or email Heidi at handerson@channal.ca

* To engage with one another in a scent-free, safe and sober environment.